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to Maintain Lifestyle
& Financial
Independence

**Marcia L.
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**Veterans Day
Nov. 11th 2021**

Most Popular Senior Scams in 2021

From the original Ponzi scheme in 1920 to snake oil salesmen in the 19th century, scams are nothing new. As the decades have passed, scams have changed with the times, becoming more evolved and harder to detect—especially for people who are not technically savvy.

According to the FBI, seniors are often the targets of these scams due to factors like savings accounts, good credit, and a trusting nature. It's estimated seniors lose more than \$3 billion a year to fraudsters, and that's why it's crucial to stay on top of the latest trends. Here is a look at some of the most common scams targeting seniors in 2021.

COVID-19 Scams

Because the COVID-19 vaccine is so new, you may not be familiar with the types of scams used to trick people out of money. Remember, if you're asked to pay out of pocket to get the vaccine, it's a scam. We know that Medicare will pay for the COVID-19 vaccine in full, and you will not be asked to pay out of pocket for it.

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What Our Clients Say About Us

**"I have found Marcia to be kind
& considerate, I think of her as
a friend."**

—WV

6 Thanksgiving Activities for Elderly People

With the holidays approaching, family caregivers should be thinking about fun and engaging activities their elderly loved ones can enjoy. Doing these activities can keep their brains active and provide social connections.

1) Plan A Scavenger Hunt

For this hunt, print off turkey pictures and post them in rooms throughout the home. The guests can team up to find the turkey pictures, or everyone can play solo. If you want to make this game more challenging, place a clue on the pictures asking players to locate a hidden item. A scavenger hunt is a stimulating game that exercises the brain, encouraging the use of critical thinking skills by tracking down the pictures and other objects.

2) Play A Thanksgiving-Themed Dinner Game

Participants will need to sit in a circle when playing this game. One player starts the game by saying, "At Thanksgiving dinner, I will eat (insert a holiday food)." The next person will need to say what the first person said, plus add on another food. When a player forgets a food on the list, he or she is out of the game. The person who says all the foods correctly is the winner. This is a fun and challenging game that can enhance your loved one's memory skills.

3. Host Thanksgiving Bingo

Instead of placing numbers on the bingo cards, print out cards with Thanksgiving-related statements on them. Someone will need to call out these statements as if they were numbers. For this activity, your loved

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With so many generations on social media platforms like Facebook and Twitter, there's another COVID-related scam to keep an eye out for. If you or a loved one received a vaccine, and then posted a selfie with your vaccination card, there's some cause for concern. With your full name, birth date and information about where you received your shot, scammers can use that data for scams like identity theft or falsified credit card applications.

Zoom Phishing E-mails

Con artists registered thousands of fake Zoom-related internet domains in the early months of the pandemic. According to the Better Business Bureau, they did so in an effort to send out e-mails that look like they're actually from Zoom.

The Zoom phishing scam will involve either an e-mail, text or social media message with the Zoom logo. The prompt essentially instructs you to click on a link under the pretense your account was suspended or you missed a meeting. By clicking the link, scammers are given the opportunity to download malicious software on your devices in order to access personal information or search for passwords.

Online Dating Scams

Finding love the old fashioned way can be difficult, but in the world of online dating, a new kind of dating debacle can arise. Be cautious of connections that seem too good to be true; they just might steal your heart, and your money.

These types of scams will start with your potential love connection gaining your trust on a dating app or online. Without ever meeting in person, these types of thieves will often ask for money or gift cards. They can come up with elaborate stories, and use your generosity to make a quick buck. It's often too late once the victim realizes they've been fooled, and by that point, the scammer is often untraceable.

Source: www.mccampbellcpa.com

Please contact our office for more information.†

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one will need to use his or her short and long-term memory and critical thinking skills, which could stave off mental health issues such as dementia and Alzheimer's.

4) Picture Puzzle Games

Print out pictures with a Thanksgiving theme, such as turkeys, pilgrims, and cranberries, then cut the photos into four, six, or eight parts. Randomly distribute the parts to all participants. Once the game starts, players will start scrambling to find the people with the other parts of the pictures. The team that gathers the parts of the picture puzzle and puts it together first is the winner. This activity could strengthen spatial and visual skills for seniors.

5) Host A Cook-Off

Everyone has their special holiday recipe that family members love. On Thanksgiving, host a cook-off where attendees make their best dishes or desserts. Allow the non-cookers to be the judges and decide which holiday-themed dish is the best. Cooking is a therapeutic activity for aging adults, and it can boost self-confidence, which could lower the risk of developing depression.

6. Engage In Word Building

Think of a long holiday word like Thanksgiving or cranberry. Once you have chosen the word, pass out pens and notepads to your all the participants. The players will need to use that one word to create as many other words as possible. The person with the most words after time has expired is the winner. This activity exercises the brain and promotes socialization, which can create positive emotions.

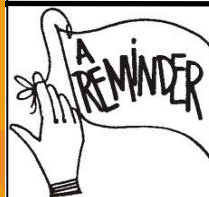
Source: [https://](https://www.homecareassistanceorlando.com/thanksgiving-activities-for-seniors/)

[www.homecareassistanceorlando.com/
thanksgiving-activities-for-seniors/](https://www.homecareassistanceorlando.com/thanksgiving-activities-for-seniors/)

Please contact our office for more information.†

“Spread love everywhere you go. Let no one ever come without leaving happier.”

~ Mother Teresa



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to receive your newsletter
by e-mail!**