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**DECEMBER ISSUE**

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Merry  
Christmas



**How to Get a Financial Power of Attorney for a Parent - Part 2**

**Top Holiday Activities for Seniors to Try this Year**

Last month we discussed determining if your parent is fit to choose to grant financial Power of Attorney and the importance of talking to them about how they will want their finances to be managed in the future.

Moreover, it is imperative for you and your parent to understand why they need a POA. If they are facing potential incapacity, whether temporary or permanent, and will be unable to handle their financial affairs, a financial POA ensures they are not neglected.

Ultimately, only an expert CPA can guarantee you and your parent have addressed all pertinent financial matters and that their financial POA clearly understands their wishes.

**Selecting the Type of Power of Attorney**

Generally, when considering how to get a financial power of attorney for a parent, there are two types to choose from. Both are viable solutions for different circumstances:

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The holidays are upon us, which is the high tide of family togetherness every year. While having more active celebrations with friends and family is normal, it is important to remember to include your senior loved ones. Some elders have physical or mental impairments that could keep them from getting out and participating, and some may simply not have the energy to keep up. Here are holiday activities for seniors to try:

**Decorate the House**

Decorating is a great activity that everyone can enjoy. More importantly, it's an opportunity for your senior loved ones to get moving. This activity can also bring everyone together without having to focus just on the conversation.

For added fun, consider creating your decorations together. If your senior loved ones live alone, you should also help decorate their house with them. This is a great activity that will get them in the holiday spirit and remind them of cherished memories and traditions.

When decorating, however, always keep their safety in mind by creating clear pathways and not obstructing lighting.

**Play Fun Holiday Games**

Games are great holiday activities for seniors and an excellent way to bring your family together and have fun. There are countless holiday-themed games to choose from.

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**What Our Clients Say About Us**

“Marcia is a pleasant lady who is congenial and knowledgeable about her field and those connected.”

—CE

How to get a Financial Power of Attorney for a Parent - Part 2  
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- **Durable power of attorney:** This POA enables the agent to act on their behalf even if they become incapacitated. A durable POA is ideal if you are looking into the future and planning for end-of-life care.
- **Non-durable power of attorney:** This POA ends an agent’s authority as soon as your parent becomes incapacitated. Someone may need to step in after the POA ends, so be wary of these choices.

**Selecting the Agent**

After choosing the type of POA, a crucial consideration when determining how to get a financial power of attorney for a parent is selecting the agent. Your parent must be able to trust them to act in their best wishes.

**Sign the Form, Deliver It, and Save Copies**

Lastly, consult a lawyer to draft and tailor a power of attorney form to your situation. POAs typically must be signed in front of a notary and signed by at least two witnesses.

People listed as the power of attorney for finances cannot sign as a witness. Afterward, deliver the form to all necessary and interested parties, and make and store copies securely.

Source: [www.mccampbellcpa.com](http://www.mccampbellcpa.com)

Please contact our office for more information. †

Top Holiday Activities for Seniors to Try this Year .....  
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Consider organizing a holiday-themed bingo night or even filling out a crossword puzzle. Things like a charade night will also be a good opportunity for your elder loved ones to get more active, and a trivia night can be a great way to engage their minds.

Having a baking or cooking competition the whole family judges is also a great, competitive game the entire family can be a part of.

**Attend Local Events and Shows**

The holidays are about more than family; they’re about community, too. For seniors, staying connected to their community is extremely important.

Taking your loved one to local events and shows is one of the best social holiday activities for seniors. Attend a local production or one of your children’s school performances with them. Going to see live music is also a great and nostalgic activity for seniors.

There are other events to attend with seniors during the holiday season for a chance to connect or reconnect with their community, like visiting a light display. Many towns and cities set up holiday lights and other holiday-themed displays for people to enjoy.

Another good activity to consider is taking a drive to take in your local neighborhood lights and the lights of a neighborhood your elderly loved one has good memories of.

**Make a Family Recipe**

Food brings all families together, which is why it is a central component of the holiday season. Every family has a unique culinary tradition that evokes fond memories and happy family feelings.

Making family recipes is a great way to bring back happy memories for seniors. From preparing the food together to enjoying it to passing down recipes to younger generations, making and indulging in food is one of the most timeless holiday traditions.

Source: <https://mccampbellcpa.com/top-holiday-activities-for-seniors/>

Please contact our office for more information. †

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”

~ Albert Einstein



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